

Amma

World Spiritual and Humanitarian Leader

November 24 & 25

De Broodfabriek

Rijswijk, The Hague

Darshan - Amma's Embrace

Spiritual Talks

Meditation

Music

Free Entry



www.amma.nl



Mon. 24.11.2025

- 08:00** Registration and distribution free tokens for Amma's embrace (darshan)
- 11:00** Welcome ceremony, followed by Amma's talk, meditation, devotional songs (bhajans) & darshan, *until late evening*

Tue. 25.11.2025

- 08:00** Registration and distribution free darshan tokens
- 11:00** Meditation with Amma, followed by darshan, *until afternoon*
- 17:00** Registration and distribution darshan tokens
- 19:00** Amma's ceremony for World Peace (Puja) with talk & meditation, followed by darshan, *until late at night*

During the program enjoy delicious vegetarian meals and snacks and shop among the many book, gift and souvenir stalls. Relax with a massage or be inspired by an ayurvedic or astrological consultation.

All proceeds go to Amma's charities of Embracing the World: www.amma.org/humanitarian

**"We are all beads
strung together
on the same thread
of love."
- Amma**

Amma – The Power of Love

Sri Mata Amritanandamayi, known throughout the world as "Amma", has served the world-community for decades, imparting wisdom, strength and inspiration. Through her extraordinary acts of love, inner strength and self-sacrifice, Amma has inspired thousands to follow in her path of service to humanity. Amma has travelled the world for more than 30 years, bringing love, hope and peace through her talks and *darshan* – her signature embrace. Accessible to one and all, she has hugged an estimated 40 million people worldwide and inspired a global network of regional humanitarian organizations to help alleviate suffering through disaster relief, healthcare, education, women's empowerment, environmental protection, and by harnessing technology to improve the lives of people in poverty.

Darshan

Amma makes herself available to everyone who wants to meet her in person, holding each and everyone close to her heart in a tender embrace, offering her unconditional love. To receive an embrace from Amma, you need a token, which will be distributed in person on a first come first served basis. Tokens are limited so please arrive early.

Come & Participate

Amma's programme is run entirely by volunteers. Seva or voluntary service is central to Amma's message of love and compassion in action. If you can offer several hours to help during the programme, please go to amma.nl/seva or come to the Seva (Volunteer) Desk on the day itself.

Admission is free and open to all. If you would like to support the program with a donation, scan the QR-code or go to www.amma.nl/donatie2025.

